

UNDER THE HIGH PATRONAGE OF THE
LEBANESE MINISTRY OF PUBLIC HEALTH



TABYEEN INTERNATIONAL

SECOND WORLD REGIONAL CONGRESS

"Psychotherapy, Ecosystems and Environment"

From fundamental theory to intervention

4/5/6/ October 2018

Beirut

Congress Alphabet

- 1- An ecosystem is a set formed by a community of living beings interacting (biocenosis) with its environment (biotope); the components of the ecosystem develop a dense network of dependencies, exchanges of energies, information and material for the maintenance and development of life ".
- 2- The ecosystem refers to the basic unit of nature in which living things interact with each other and with their habitat (regrouping) the land with the simple pebble passing by the water, the meadow, the forest or living organisms.
- 3- For the UN: "The ecosystem is a dynamic complex of plants, animals, micro-organisms and the surrounding still life interacting as a functional unit".
- 4- For the CNRS (National Center for Scientific Research) the ecosystem is "the living whole by a grouping of different species interactions (nutrition, reproduction, predation) between them with their environment (minerals, air, water) on a scale-given space)".
- 5- We speak of "components of the ecosystem = species fed under physical, geographical, hydraulic, climatic conditions, whose soil is a major component, leading to biogeochemical cycles: water, carbon, mineral salts, metals and of which the human species is an integral part".
- 6- "The ecosystem encompasses areas of life called biome or eco-regions that have been classified by different organisms. »

- 7- "Ecological services are:
 - Procurement services
 - Regulating Services
 - Cultural services
 - Support and maintenance services, forming feedback loops
 - Ontogenic services that present the contribution to the human body and the spirit. » .
- 8- The ecosystem is a dynamic natural system that evolves over time and is in co-evolution between life and its habitat: if it tends to evolve towards a stable theoretical state (so-called climate) events and external pressures divert it non-stop.
- 9- **"Ecosystems are threatened in their environment; we are talking about red ecosystem lists" hence the need for our congress where: doctors, psychotherapists and scientists of all specializations have to cooperate within an integrative approach to try to respond to the lives of their Mother Earth that suffocates and puts us all at risk of suffocation.**
- 10- "The Analytico-Systemic Model (MAS) is an approach that seeks to **trace the trajectory of the lived experience of the living being** at different levels, **multi-verse and uni-vers**, towards the development of behavior and emotions healthy and constantly in permanent regulation: It is a work of clarification (TABYEEN in Arabic) and scientific interventions of any order. **"It is about the study of the LIVING: the motto of our congress.**



The Scientific Committee,